

Figure 1



305111 895502 145555 14302

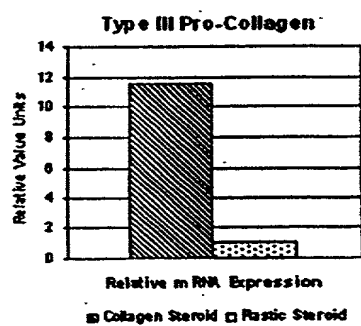
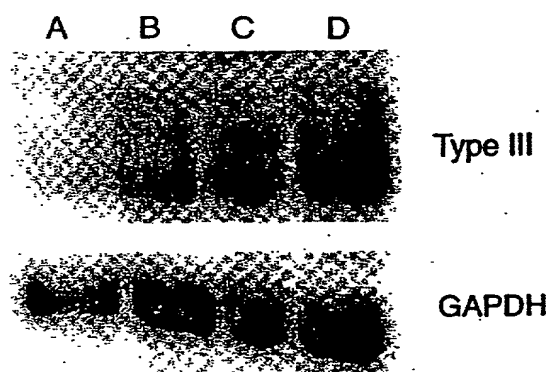


Figure 2

MEN (106 lb for 5' of height + 6 lb/inch above 5')			WOMEN 100 lb for 5' of height 5 lb/inch above 5')		
HEIGHT		IBW	HEIGHT		IBW
	(in inches)	(in lbs)		(in inches)	(in lbs)
4'10"	58	92	4'10"	58	91
4'11"	59	100	4'11"	59	95
5'0"	60	106	5'0"	60	100
5'1"	61	112	5'1"	61	105
5'2"	62	118	5'2"	62	110
5'3"	63	124	5'3"	63	115
5'4"	64	130	5'4"	64	120
5'5"	65	136	5'5"	65	125
5'6"	66	142	5'6"	66	130
5'7"	67	148	5'7"	67	135
5'8"	68	154	5'8"	68	140
5'9"	69	160	5'9"	69	145
5'10"	70	166	5'10"	70	150
5'11"	71	172	5'11"	71	155
6'0"	72	178	6'0"	72	160
6'1"	73	184	6'1"	73	165
6'2"	74	190	6'2"	74	170
6'3"	75	196	6'3"	75	175
6'4"	76	202	6'4"	76	180
6'5"	77	208	6'5"	77	185
6'6"	78	214	6'6"	78	190
6'7"	79	220	6'7"	79	195
6'8"	80	226	6'8"	80	200

Reference: Shils ME, Lowell BC, and Deen D. Physical Diagnosis-Nutritional Aspects, NY Academy of Medicine, NY 1993; p.35.

Figure 3